## Rainbow Wonderland



Nordic Woods Quilt designed by: Janet Houts
Quilt Size: 73½" x 87½" • Skill Level: Beginner

The prints and pieced sashes evoke images of Scandinavian embroidery in this colorful rainbow-hued throw quilt. Easy enough to be a beginner's first quilt, the directions include tips for sewing success.

## Cutting Directions

Note: Read assembly directions before cutting patches. All measurements are cut sizes and include $1 / 4^{\prime \prime}$ seam allowances. WOF designates the width of fabric from selvedge to selvedge (approximately $43^{\prime \prime}$ wide).

## Fabric A

Cut (8) strips $2^{\prime \prime}$ x WOF for strip-pieced sashes

## Fabric B

Cut (15) strips $21 / 2^{\prime \prime} \times$ WOF pieced to make the following:
(8) sashes $21 / 2^{\prime \prime} \times 74^{\prime \prime}$

Cut (20) squares $11 / 2^{\prime \prime}$

## Fabric C

Cut (4) strips $3^{1 / 2 \prime 2} \times$ WOF for strip-pieced sashes
Cut (8) strips 2" x WOF for strip-pieced sashes
Cut (6) strips $1^{1 / 2^{\prime \prime}} \times 74^{\prime \prime}$, cut lengthwise
Cut (8) strips $23 / 4^{\prime \prime} \times 13^{1 / 2^{\prime \prime}}$
Cut (16) strips $11^{\prime \prime} 2^{\prime \prime} \times 13^{1 / 2^{\prime \prime}}$
Cut (80) strips $1^{1 / 2^{\prime \prime}} \times 6^{1 / 2^{\prime \prime}}$
Cut (80) squares $4 "$
Cut (80) squares $31 / 2^{\prime \prime}$
4 Prints From each
Cut (20) squares 4 "
Cut (20) squares $312^{\prime \prime}$

## Binding

Cut (9) strips $2^{1} / 2^{\prime \prime} \times$ WOF for binding

## Backing

Cut (2) panels $41^{\prime \prime} \mathrm{x} 96^{\prime \prime}$, pieced to fit quilt top with overlap on all sides

## Fabric Requirements

|  |  | Yardage | Fabric |
| :--- | :--- | :--- | :--- |
| Fabric A | sash | $1 / 2$ yard | $326-\mathrm{K}$ |
| Fabric B | sash | $11 / 4$ yards | $329-\mathrm{K}$ |
| Fabric C | background | 4 yards | *CS-10 Snow |
| 4 Darks | blocks | $1 / 2$ yard each |  |
|  | $323-\mathrm{K}$ | $324-\mathrm{K}$ | $325-\mathrm{K}$ |
|  | $327-\mathrm{K}$ |  |  |
| Binding | $3 / 4$ yard |  |  |
| Backing |  | $327-\mathrm{K}$ |  |
| *From Century Solids by Andover Fabrics |  |  |  |

## Making the Quilt

1. The blocks are made with half-square triangles (HST) that finish $3^{\prime \prime}$ square ( $31 / 2^{\prime \prime}$ cut-size). Use your favorite method to make HST, or follow these directions. Draw a diagonal line on the wrong side of each Fabric C $4^{\prime \prime}$ square. Place a marked square on a print $4^{\prime \prime}$ square, right sides together. Sew a ${ }^{1 / 4 \prime \prime}$ seam on each side of the marked line (Diagram 1). Cut apart on the marked diagonal line to get 2 pieced HST. Press open, and trim each HST to $31 / 2^{\prime \prime}$ square. Hint: Use a $4^{\prime \prime}$ or larger square acrylic ruler with a diagonal line. Align the diagonal line with the diagonal seam when trimming. Repeat these steps with all the Fabric $C$ and print 4" squares.


## Nordic Woods Quilt

2. Referring to the Block diagram, arrange and join 4 Fabric C $31 / 2^{\prime \prime}$ squares, 4 print $31 / 2^{\prime \prime}$ squares, and 8 HST of the same print into sections. Press seam allowances toward the plain $3^{1 / 2 \prime \prime}$ squares. Sew the Fabric C strips between the sections as shown. Press seam allowances toward the Fabric C strips. Sew a Fabric B $1^{1 / 2 \prime} 2^{\prime \prime}$ square between 2 Fabric C strips to make the middle row. Finally, join the rows to make the block. It should measure $13^{1 / 2^{\prime \prime}}$ from raw edge to raw edge. If it does not, adjust your pressing or stitching as needed. Make 5 blocks with each of the 4 prints. Set aside.
3. The pieced "stair step" sashes are made with quick and easy strip-piecing methods. Long strips are pieced into "bands," and then segments are cut crosswise. Sew the $2^{\prime \prime} \mathrm{x}$ WOF Fabric A strip to the $31 / 2^{\prime \prime} \times$ WOF Fabric C strip to make Band


BLock - Make 20 1. Press the seam allowance toward the Fabric A strip. Make 4 bands like this. Likewise, sew a Fabric A strip between 2 Fabric C 2" x WOF strips to make Band 2. Press seam allowances toward the Fabric A strip. Make 4 bands like this.
4. From the bands, cut crosswise segments each 2 " wide. Cut 19 segments from each Band 1 and 18 segments from each Band 2. Be sure that each cut is perpendicular to the sewn seams of the band. Adjust your cutting as needed. Cut a total of 75 segments from Band 1s and 72 segments
 from Band 2s.
5. Referring to the Pieced Sash and the Quilt Diagram, alternately join 25 Band 1 segments with 24 Band 2 segments in stair step fashion, rotating the Band 1 segments as shown to make a pieced sash. Make 3 pieced sashes all alike. Sew $112^{\prime \prime} \times 74^{\prime \prime}$ Fabric C strips to the top and bottom of each pieced sash. Press seam allowances toward the Fabric C strips.

6. Referring to the Quilt Diagram, arrange the blocks in 4 rows of 5 blocks each, distributing the prints as you wish, or following the quilt image. Sew Fabric C $11 / 2^{\prime \prime} \times 131 / 2^{\prime \prime}$ strips between blocks, and Fabric C $23 / 4^{\prime \prime} \times 13^{1 / 2 \prime \prime}$ strips at ends of each row. Press seam allowances toward the Fabric C strips.
7. Sew the block rows and pieced sashes between Fabric B $21 / 2^{\prime \prime} \times 74^{\prime \prime}$ strips in the order shown. Press seam allowances toward Fabric B.

## Finishing the Quilt

8. Layer the quilt with batting and backing and baste. Quilt in the ditch around sashes and block patches. Quilt around the printed motifs in


Pieced Sash - Make 3 the blocks.
9. The $21 / 2^{\prime \prime}$-wide binding strips are for double-fold binding. Join the strips end to end to make continuous binding that is about 9 yards long. Press the strip in half lengthwise, with wrong sides together. "Audition" the binding around the quilt to be certain that a joining seam does not land at a corner. Bind to finish the quilt.




Quilt Diagram

## Rainbow Winterland ${ }_{\text {anooverfabacs }}$



323-K


325-K


327-K


329-K
$\square$
CS-10 Snow*


323-L


325-L


327-L


329-L


324-K


326-K


328-K


330-K


324-L


326-L


328-L


330-L
*Indicates fabrics ussed in featured quilt pattern. Fabrics shown are $50 \%$ of actual size.

